

MEGA swim 26: Session: 4: COACH evaluation sheet for TEAM: ZNA

Coachinfo: Warming up from: 13:30 untill 14:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Kindt Maarten

Coaches: Kindt Joachim HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 31: 200M FREESTYLE MEN 13+					Heat:8, starttime: 15:20
Heat: 8/12 Lane : 6 Athlete: WOJCIULA TYMON					Q-time: 02:13:13
PB (50m pool): 02:13.13 Antwerpen 20/07/2025					PB (25m pool): 02:08.67 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:30.48	01:05.43	01:41.06	02:13.13	
	00:30.48	00:34.95	00:35.63	00:32.07	
					

Coach feedback:

Event number: 31: 200M FREESTYLE MEN 13+					Heat:10, starttime: 15:25
Heat: 10/12 Lane : 6 Athlete: CAUDRON XIBE					Q-time: 02:07:73
PB (50m pool): 02:07.73 Aalst 20/12/2025					PB (25m pool): 01:59.33 SB: 02:07.73 Aalst 20/12/2025
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:28.71	01:00.10	01:33.80	02:07.73	
	00:28.71	00:31.39	00:33.70	00:33.93	
					

Coach feedback:

Event number: 32: 50M BREASTSTROKE WOMEN 13+					Heat:5, starttime: 15:40
Heat: 5/9 Lane : 9 Athlete: OSSELAER GEIKE					Q-time: 00:43:85
PB (50m pool): no time					PB (25m pool): no time SB: no time
	5 0 M				
PB	no time				
	no time				
					

Coach feedback:

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Event number: 32: 50M BREASTSTROKE WOMEN 13+			Heat:8, starttime: 15:45
Heat: 8/9 Lane : 1 Athlete: RUYSSINCK DIEDE			Q-time: 00:37:75
PB (50m pool): 00:37.75 Antwerpen 27/07/2025			PB (25m pool): 00:36.96 SB: no time
	5 0 M		
PB	00:37.75		
	00:37.75		
			

Coach feedback:

Event number: 34: 50M BUTTERFLY WOMEN 13+			Heat:8, starttime: 16:00
Heat: 8/14 Lane : 2 Athlete: DE TROYER ELISE			Q-time: 00:34:54
PB (50m pool): 00:34.54 Antwerpen 13/07/2025			PB (25m pool): 00:34.35 SB: no time
	5 0 M		
PB	00:34.54		
	00:34.54		
			

Coach feedback:

Event number: 34: 50M BUTTERFLY WOMEN 13+			Heat:10, starttime: 16:05
Heat: 10/14 Lane : 2 Athlete: BAYENS NINA			Q-time: 00:33:18
PB (50m pool): 00:33.18 Aalst 11/05/2025			PB (25m pool): 00:32.67 SB: no time
	5 0 M		
PB	00:33.18		
	00:33.18		
			

Coach feedback:

Event number: 35: 50M FREESTYLE MEN 13+			Heat:3, starttime: 16:10
Heat: 3/12 Lane : 0 Athlete: WALTNIEL BAVO			Q-time: 00:34:26
PB (50m pool): 00:34.26 WACHTEBEKE 19/01/2025			PB (25m pool): 00:31.74 SB: no time
	5 0 M		
PB	00:34.26		
	00:34.26		
			

Coach feedback:

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Event number: 35: 50M FREESTYLE MEN 13+		Heat:8, starttime: 16:15
Heat: 8/12 Lane : 5 Athlete: WALTNIEL NAND		Q-time: 00:27:90
PB (50m pool): 00:27.90 Antwerpen 20/04/2025 PB (25m pool): 00:27.15 SB: no time		
	5 0 M	
PB	00:27.90	
	00:27.90	
		

Coach feedback:

Event number: 35: 50M FREESTYLE MEN 13+		Heat:8, starttime: 16:15
Heat: 8/12 Lane : 8 Athlete: DEKYVERE MATHIAS		Q-time: 00:28:12
PB (50m pool): 00:28.12 Antwerp 02/02/2025 PB (25m pool): 00:27.58 SB: no time		
	5 0 M	
PB	00:28.12	
	00:28.12	
		

Coach feedback:

Event number: 35: 50M FREESTYLE MEN 13+		Heat:10, starttime: 16:20
Heat: 10/12 Lane : 7 Athlete: CATRY GAETAN		Q-time: 00:26:69
PB (50m pool): 00:26.69 Antwerpen 13/07/2025 PB (25m pool): 00:26.08 SB: no time		
	5 0 M	
PB	00:26.69	
	00:26.69	
		

Coach feedback:

Event number: 35: 50M FREESTYLE MEN 13+		Heat:11, starttime: 16:20
Heat: 11/12 Lane : 9 Athlete: CAUDRON XIBE		Q-time: 00:26:54
PB (50m pool): 00:26.54 Antwerpen 13/07/2025 PB (25m pool): 00:25.56 SB: no time		
	5 0 M	
PB	00:26.54	
	00:26.54	
		

Coach feedback:

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Event number: 37: 200M MEDLEY MEN 15+					Heat:6, starttime: 16:40
Heat: 6/6 Lane : 8 Athlete: CAUDRON XIBE					Q-time: 02:23:82
PB (50m pool): 02:23.82 Antwerpen 27/07/2025					PB (25m pool): 02:20.22 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:30.19	01:07.15	01:49.31	02:23.82	
	00:30.19	00:36.96	00:42.16	00:34.51	
					

Coach feedback:

Event number: 39: 100M BREASTSTROKE MEN 17+					Heat:3, starttime: 16:55
Heat: 3/3 Lane : 0 Athlete: CATRY GAETAN					Q-time: 01:15:18
PB (50m pool): 01:15.18 Antwerpen 13/07/2025					PB (25m pool): 01:11.77 SB: no time
	5 0 M	1 0 0 M			
PB	00:34.44	01:15.18			
	00:34.44	00:40.74			
					

Coach feedback:

Event number: 39: 100M BREASTSTROKE MEN 17+					Heat:3, starttime: 16:55
Heat: 3/3 Lane : 8 Athlete: DEKYVERE MATHIAS					Q-time: 01:15:00
PB (50m pool): 01:15.00 Aalst 20/12/2025					PB (25m pool): 01:12.52 SB: 01:15.00 Aalst 20/12/2025
	5 0 M	1 0 0 M			
PB	00:34.56	01:15.00			
	00:34.56	00:40.44			
					

Coach feedback:

Event number: 40: 200M BREASTSTROKE WOMEN 13+					Heat:4, starttime: 17:10
Heat: 4/7 Lane : 0 Athlete: OSSELAER GEIKE					Q-time: 03:26:32
PB (50m pool): 03:26.32 Antwerpen 13/07/2025					PB (25m pool): 03:09.77 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:48.11	01:40.46	02:33.71	03:26.32	
	00:48.11	00:52.35	00:53.25	00:52.61	
					

Coach feedback:

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Event number: 40: 200M BREASTSTROKE WOMEN 13+					Heat:7, starttime: 17:20
Heat: 7/7 Lane : 8 Athlete: RUYSSINCK DIEDE					Q-time: 02:54:55
PB (50m pool): 02:54.55 Antwerpen 27/07/2025 PB (25m pool): 02:48.91 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:38.60	01:23.10	02:08.86	02:54.55	
	00:38.60	00:44.50	00:45.76	00:45.69	
					

Coach feedback:

Event number: 41: 200M BACKSTROKE MEN 13+					Heat:2, starttime: 17:30
Heat: 2/7 Lane : 2 Athlete: WALTNIEL BAVO					Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): no time SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 41: 200M BACKSTROKE MEN 13+					Heat:5, starttime: 17:40
Heat: 5/7 Lane : 9 Athlete: WALTNIEL NAND					Q-time: 02:46:06
PB (50m pool): 02:44.44 Antwerpen 21/07/2024 PB (25m pool): 02:37.46 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	02:44.44	
	no time				
					

Coach feedback: